

## Capel United Church Lent Course for 2025

Everyone is invited to our weekly Lent course from Shrove Tuesday, 4th March, running until 8<sup>th</sup> April, from 7.30 to 9 pm in the coffee lounge in the Five Oak Green Church building.

Whether you have previously participated in a Lent group, you are welcome. All that is required, is a desire to follow Jesus and learn more about what that means. The course aims to help people explore what it means to be disciples of Jesus

The Bible is one of the most influential books in the world. The Old Testament consists of the Hebrew scriptures, shared by Christians and Jews, and the New Testament is about the significance of the life, death and resurrection of Jesus in the light of the Old Testament and what it means for the salvation of humanity and the world.

Each evening will involve

- A theme
- Some opening prayers
- A “conversation starter”
- An opportunity to reflect on a reading from the Bible
- A short reflection on the theme from a Contemporary Christian writer
- Some questions to address together
- A “journeying on” section
- Some closing prayers
- Some selected quotations from figures in the Christian tradition

It will be a combination of lead discussion interspersed with audio-visual clips. The course will be led by Pamela, Sonya Gale and me.

Please indicate to me that you would like to attend, so that I can supply you with a course booklet.

Jeremy Ive